

## What is Wellness: An Indigenous Perspective on Healing and Connection



Wednesday, November 18, 2020 ♦ 10AM – 12:00PM ♦ LIVE WEBINAR

### Facilitated by: Anton Truer



Dr. Truer (pronounced troy-er) is Professor of Ojibwe at Bemidji State University and author of 19 books. He has a B.A. from Princeton University and a M.A. and Ph.D. from the University of Minnesota. He is Editor of the *Oshkaabewis* (pronounced o-shkaah-bay-wis) *Native Journal*, the only academic journal of the Ojibwe language. He has received more than 40 prestigious awards and fellowships, including ones from the American Philosophical Society, the National Endowment for the Humanities, the National Science Foundation, the MacArthur Foundation, the Bush Foundation, and the John Simon Guggenheim Foundation. His published works include *Everything You Wanted to Know About Indians But Were Afraid to Ask*, *Warrior Nation: A History of the Red Lake Ojibwe* (Winner of Caroline Bancroft History Prize, and *Atlas of Indian Nations, The Indian Wars: Battles, Bloodshed, and the Fight for Freedom on the American Frontier*. In 2018, Truer was named Guardian of Culture and Lifeways and recipient of the Pathfinder Award by the Association of Tribal Archives, Libraries, and Museums.

### Training Description:

Join celebrated Native American racial equity educator and scholar, Anton Truer, for a deep dive into community-defined healing practices and strategies for mental health and addiction recovery. Truer is Ojibwe, from the Leech Lake Reservation in northern Minnesota. His groundbreaking scholarship and service as a spiritual leader in Native spaces has equipped him with an authentic perspective on the most important work of our time and our individual and collective quest for healing. For those who would like to receive three (3) continuing education units, the webinar will include 1 hr. pre-webinar reading in addition to the 2-hour live webinar session for a total of (3) hours. Reading will be distributed after registration.

By the end of the training, participants will be able to:

1. Identify the concept of "Historical Trauma" and list three manifestations of Historical Trauma in the Native American population of Alameda County;
2. Identify the three primary components of racial identity (color, culture, consciousness);
3. List three defining attributes of Native American nations.

### Please self-register at:

<https://us02web.zoom.us/meeting/register/tZYodOGgqTluGNYyhZeHibCEGfZwYyEVkfIN>

After registering, you will receive a confirmation email containing information about joining the meeting.

CEU information: *This course meets the qualifications for 3 hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0622; for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in, sign out, and complete the post-test(s) and evaluation. Continuing Education Certificates will be sent to qualifying training participants via email within 30 days of the training.*

Do you have a reasonable accommodation request or grievance regarding an ACBH training? Go to: <http://www.acbhcs.org/training>

### For Technical REGISTRATION Information contact:

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